Starting new HSCT program in emerging countries in Asia-Pacific Area

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David Ma
Department of Haematology & HSC Transplantation,
St. Vincent's Hospital & University of NSW, Sydney

Australia







Factors for a sustainable HSCT Program

- Staff and leadership
- Infrastructure

Planning

Finance

Communication



Sufficiently trained staff & farsighted leadership

- Physicians Training (2-3 years) in haematology and transplantation (most critical)
- Nurses (critical) motivated & well trained (like ICU)
- Apheresis staff & laboratory scientists
- Transplant coordinators & allied health staff
- Others:
 - Medical specialties Infectious Diseases, Radiology, Pathology, ICU etc
 - Engineering and domestic staff

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Appropriate infrastructure

Medical Infrastructure

- Blood supply including platelets / plasma/lvlg
 - Blood irradiation facilities or effective leukocyte filter
- 24/7 laboratory services :
 - Haematology (flow cytometry/molecular & cytogenetics);
 Biochemistry (drug levels)
 - Microbiology –bacterial/fungal, viral (quantification)
 - Pharmacy Services : drugs/TPN/ others
- Insertion & caring of central venous catheters (multi-lumen)
- HLA typing: in-house or outsourced



Physical & other Infrastructure

- Transplant rooms & stem cell laboratory filtered air (surgical operating theatre)
- Water & food supply "clean or sterile"
- Support Services Trained domestic services, Central Sterile Supply
- Monitoring of physical environment, air & water
 Drs Baylon & Perez Manila, Philippines





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Planning

Meticulous planning with realistic timeline (long term project)

- Adult or paediatric or both
- Start with
 - autologous HSCT

or

- HLA matched allogeneic transplants (both!)
- Careful selection of initial patients (treatment related morbidity & death - patient & donor; your success depends on it)



Policies & Protocols

- For all transplant procedures (patients & donors)
- Systematic data collection for analysis & quality management
- Physical environment: including entry/exit
- Domestic and cleaning services etc



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Have a 'business' model

- Need to ensure a program that is financially sustainable within the health care system
 - CMC Vellore, India: a cost & pay structure to allow patients who can afford (insurance or self funded) and those with limited incomes to access the program



Example of Establishing a sustainable

HSCT program: HSCT Centre HCM, Vietnam (based

on Professor Tran Van Binh's presentation, WBMT Workshop Nov 2011)

Country Profile:

Vietnam: small country on the Indo-China peninsular

Population: 85 million (third most populous after

Indonesia & Philippines)

• 58.9% < 25 years of age

Population density 259/km²

Per capita income \$100 US/mth

• 29.6% live in city





Example of Establishing a sustainable HSCT

program: HSCT Centre HCM, Vietnam

The Transplant Unit: 1996-2013: 152 cases performed

10 First Transplants:

- Clean room: isolated, double door, furniture decontaminated by UV and chemicals, water filtrated
- Patient preparation: hair cut, antiseptic baths, well cooked food.
- Physicians & all staff wash hands

From 2005: Positive pressure ventilation HEPA

- 6 well trained nurses permanently care for patient
- 6 trained physicians for adults, 2 for paediatric patients
- Supported by all other departments of the hospital

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Example of Establishing a sustainable

HSCT program: HSCT Centre HCM, Vietnam

Cost of the procedure

>90% of the population cannot afford it: efforts to reduce the cost of the transplant

- Covered partially by National Medical insurance
- Medications & consumable materials: imported
- Allo BMT: USD. \$15,000 without complications; serious complications \$45 -50,000 (one of the lowest in Asia-Pacific)



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Effective Communication: Target audience

- 1. Patients and relatives
- 2. Staff and colleagues
- 3. Health authority, government and international agencies
- 4. Public including volunteer adult donors and cord blood donors

Aim: the value and benefit of BMT
The approach depends on the target audience



Effective Communication

- Develop a team that communicates well with patients and families,
 colleagues and administrators (patients are your best advocates)
- Harmonious team atmosphere: allow open discussions & questions
- Keep up-to-date with recent advances regular seminar, conference attendance (look outside the square)
- Encourage & introduce research into clinical practice

Establishing a successful HSCT program depends on adequate financial support - government, community or other Support



Health authorities, Government policy makers, International Agencies

- Appreciate their responsibilities in healthcare & other matters
- Understand cost-benefit
 - assessing disease burden such as Disability Adjusted Life Years (DALY) & Quality Adjusted Life Years (QALY)
 - Demonstrate value of BMT in economic term and in their terms (popularity)
- Get them on side : communicate effectively, public supports (advocacy groups)
- Collect activity & outcome data and participate in Registries (to provide evidence)



Justification of HSC Transplant in an emerging country

WHO charters: human rights and equality issues.

Lack of cure → loss of lives

Lack of QOL years; loss of manpower →
 ↓economic growth

 High cost (financial & social) of alternative options e.g. Thal major, Sickle Cell, CML



Justification of HSC Transplant program in an emerging country

 "Rich" ones go abroad for HSCT. If transplant is done in the country, resources will remain locally

Expertise developed will benefit other services

Better for the patient & their families



Harnessing the power of the public & media

Advocacy groups

- Counselling, education programme, peer & family supports
- Dealing with government and other authorities
- Funding raising and awareness campaigns
- Use of celebrities e.g. South Korean actresses (volunteer donors), sport heroes





Example of planing a sustainable HSCT program:

SETTING UP OF A STEM CELL TRANSPLANTAT PROGRAMME IN NATIONAL CANCER INSTITUTE, SRI LANKA

IN COLLABORATION WITH

Department of Haematology and BM Transplantation, ST VINCENTS HOSPITAL, SYDNEY



Establishing a HSCT Program- summary

Aim: benefit patient - high risk procedure

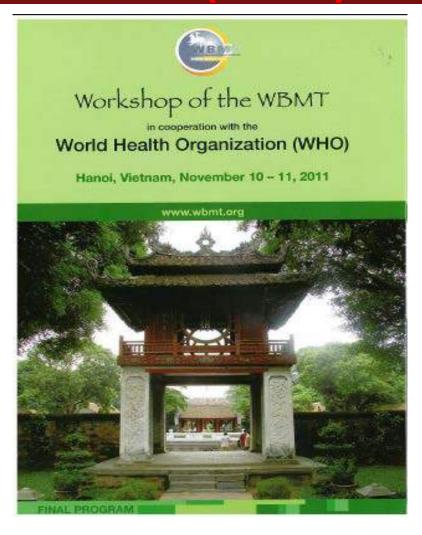
Good Planning
& appropriately trained Team
With adequate supports

5

Sustainability depends on outcomes – a key to success!



Role of WBMT (WHO) & APBMT



The Bell of Bankoku Shinryo:

Bringing the gap

We are here to help each other

Thank You

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